

## **The Sanctified Life** (A Life of Rest)

Hebrews 4:9 There remaineth therefore a rest to the people of God.

Many, when they hear of conservative holiness, think only of the outward things, such as modest in dress, hair, no jewelry, abstinence from worldly amusements, and places of entertainment. (These things are important for they are part of the teachings of the word of God.) But some feel they have entered into the state of holiness because they have engaged themselves along these lines. They try to live holy by keeping the outward things and yet the inward man is lacking tremendously. They have overlooked the real issue, the issue of the unrest of the soul. Here is where the true struggles are located. Jesus said, to first cleanse that within, then the outside would take care of itself. Many are caught up in the fight of the flesh against the spirit; quite a battle is raging in the soul as a result.

Here in our text, the writer states there remaineth a rest to the people of God. Notice he did not say to the world or sinners, but to the people of God. There is an experience that halts the great battle and gives victory to the one who wishes to give way to the spirit. That is the rest spoken of here in Hebrews. To rest it all in God and give him everything means to trust him with all your heart and not lean to your own understanding. If this is the case then HE will direct your path. That path will be "the way of holiness". Here the soul can cease from struggling and just rest in Jesus, allowing him to completely cover you in his great love. Here is where the soul can find real assurance that God will fight the battles for us.

May the Holy Ghost help us to make that full surrender so we can experience the blessings of Beulah land. The land of rest is where the milk and honey flows freely, where in the midst of it all is the tree of life, where all needs are supplied. May God help us to hunger after such and experience it if we are not there.